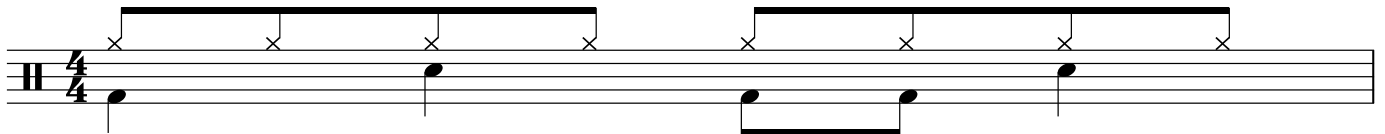


# FIVE PROGRESSIVE BEATS FOR BEGINNERS

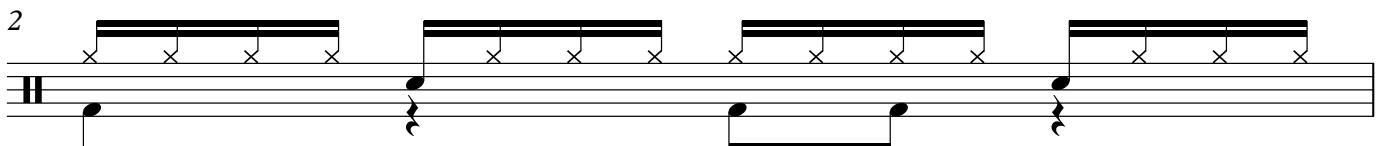
BY ALEX RIBCHESTER

BELOW IS THE NOTATION FOR VIDEO LESSON #337

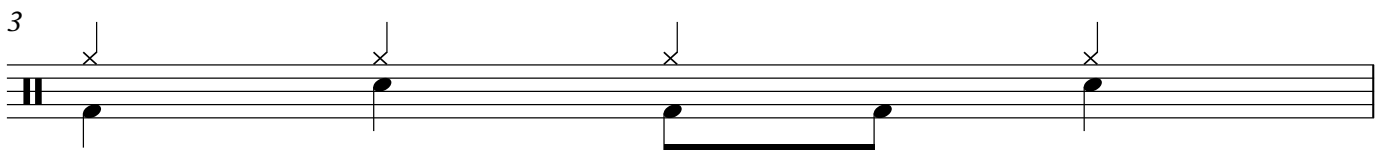
## BEAT 1



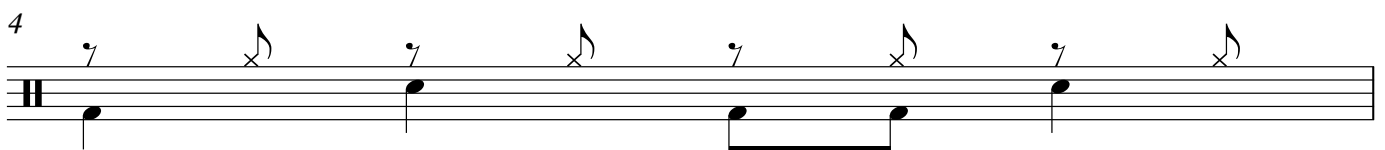
## BEAT 2



## BEAT 3



## BEAT 4



## BEAT 5 - PARADIDDLES

