This groove builds off of last week’s “Samba Foot” drum lesson. This beat continues the samba foot pattern, but also includes a 3 note ostinato pattern on the right stick. Add ghost strokes to embellish the groove. This groove can be quite difficult, so take your time with it. Your goal is to get your body used to playing it so that you can do it without thinking about it. That happens with a lot of practice!

**FOUNDATIONAL SAMBA GROOVE**

**EMBELLISH WITH GHOST STROKES**

**MOVE TO THE HI HAT**